



**Handmade soap &
body products**

Happy New Year!

Thank you for your support in 2009. I now have one full year as a soap maker and what fun I have had. Thank you for taking this journey with me. I am excited to see what 2010 brings!

My Care Bars New Years Resolution

Researching local ingredients

My new year's resolution for Care Bars is to try some new recipes that consist of ingredients I can find locally. I want to stay within the same parameters as the 100 Mile Diet (<http://100milediet.org>). I will continue to make the same recipes I have been using until I have tested the new ingredients. I will keep you posted with my progress.

Palm Oil Crisis

Doing my part to help the orangutans

I recently found out that the palm oil industry has put orangutans at risk. I am currently using palm oil in my soaps as it adds hardness to the bar and promotes a creamy lather. As an animal lover and environmentalist, this news was very upsetting to me. Therefore, I am committed to finding an alternative to palm oil for my soaps. It was this information that sparked the idea for using local ingredients. I hope to find an alternative that will result in an equally beautiful soap to use as my current recipes.

Find out more about the palm oil crisis at www.cmzoo.org/conservation/palmOilCrisis.

Price Increase

Starting February 1, 2010

As much as I hate to do this, in order for me to continue to use high quality ingredients and pure essential oils, I do need to raise my prices. I also want to stay true to other soapers and their profession and not drastically under sell these products. The pricing of the lip balm and bath salts have not changed.

As of February 1, 2010 Care Bars pricing will be as follows:

Care Bars - \$4 each

Lip Balm - \$3 each

Bath Salts - \$5 each

Thank you again for your support!

Find out more about Care Bars at www.carebars.ca.